

EQ-SWOT

What is it? How does it work?

EQ-SWOT™ is an on-line psychometric questionnaire for assessing Emotional Intelligence. It consists 116 Likert-type items and it takes 10 – 15 minutes to complete. It requires a laptop or desktop computer and Internet access. It is a self-descriptive questionnaire, combining criterion based and normative development approaches and robust validity scales.

Target group

Candidates or employees of any job or age levels. Any adult group with some working or internship experience.

Application area

Recruitment, assessment/development centers, coaching, emotional intelligence/leadership/soft skills training programs

What does it assess?

It measures Emotional Intelligence, the ability to sense one's own and other people's emotions, and effectiveness in using emotional information to guide thinking and behavior. Emotional Intelligence is a learned ability, a set of skills that is possible to develop at any age.

EQ-SWOT™ measures the following 16 Emotional Intelligence skills:

	Self	Others
Awareness	Self-Awareness <ul style="list-style-type: none">• Emotional Awareness• Accurate Self-Assessment	Social-Awareness <ul style="list-style-type: none">• Reading People• Empathy
Management	Self-Regulation <ul style="list-style-type: none">• Self-Discipline• Emotional Control• Stress-Management• Positive Mindset• Energy• Personal Vision• Decision Making	Social Skills <ul style="list-style-type: none">• Self-Expression• Assertiveness• Emotional Influence• Collaboration• Building Relationships

EQ-SWOT

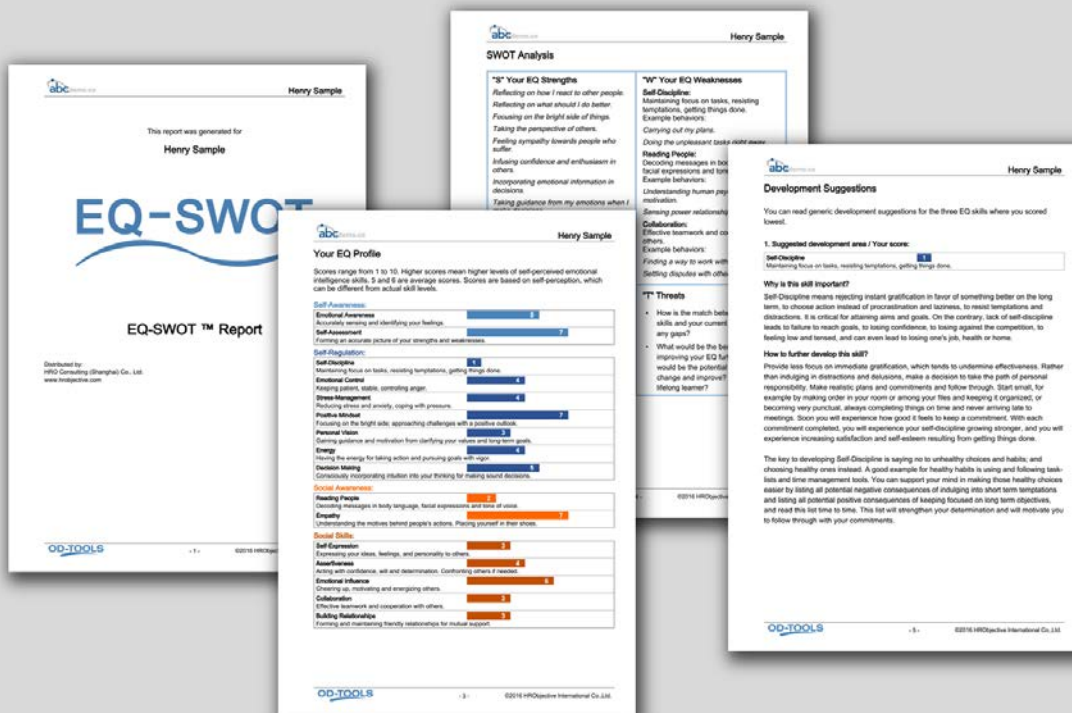
Key features

Fast, accurate, insightful. The truthfulness of responses is measured by two robust validity scales: Impression Management and Self-Presentation.

Reports

Scores/Scales; SWOT Analysis; Development suggestions

Report example pages



The OD-Tools® Assessment Platform

OD-Tools® is the home of exclusive assessment and advisory tools for professionals in the fields of OD, HR, training, psychometrics and consulting. It powers psychometric tests, 360 assessments, and organizational diagnostic tools. It is a cloud based web application with multiple server locations across the globe, and compliant with the strictest privacy and data protection laws, including EU requirements. OD-Tools® is running on Microsoft Windows servers and Microsoft .net technology.

